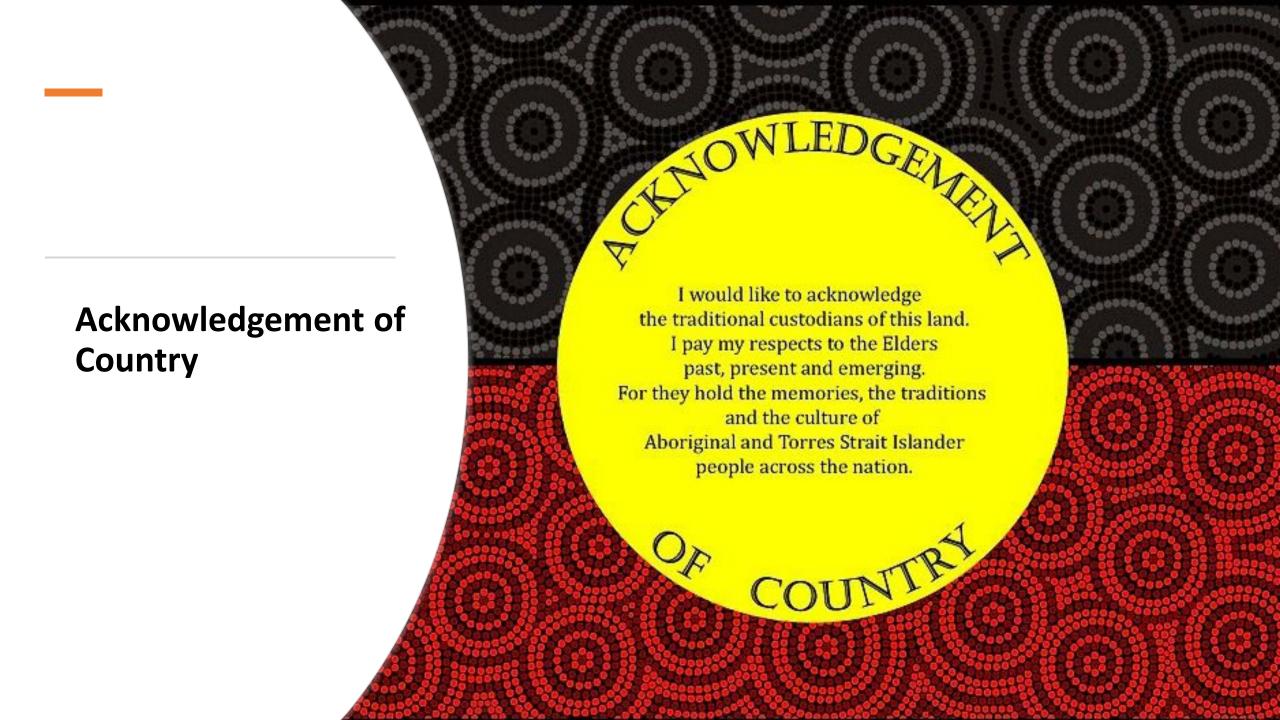
# National Provider Certification Initiative Launch Follow-up Webinar

14<sup>th</sup> August 2024







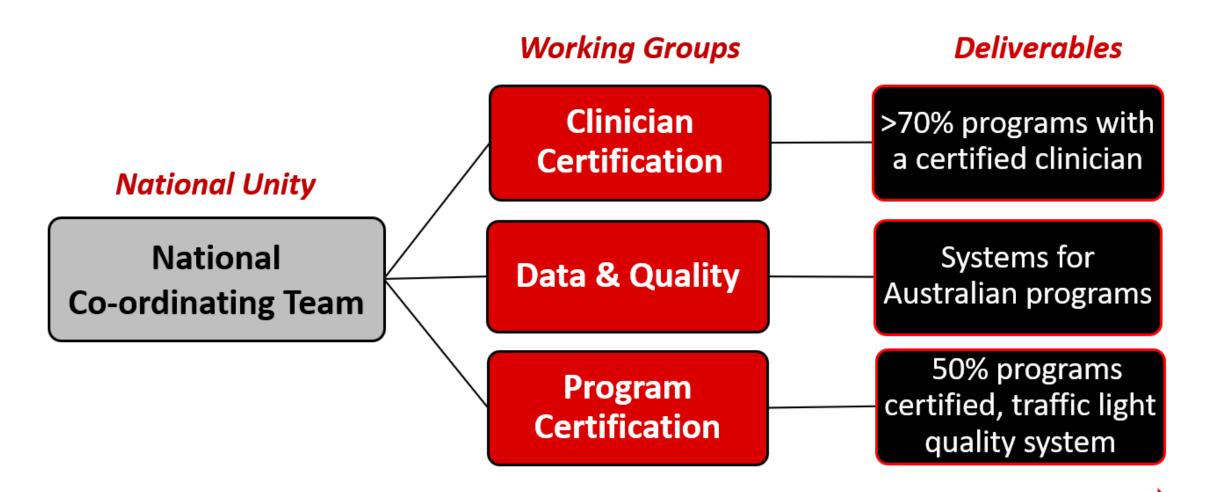




Prof Julie Redfern
Principal Investigator
Bond University



### **A National Vision**



Processes and support for unified data collection in Australian CR programs



## University of Sydney





Chair, International Council of Cardiovascular Prevention and Rehabilitation

### Cardiac Rehabilitation Foundations Certificate (CRFC)



#### **COURSE AIMS**

- 1. Education on how to deliver core components of cardiac rehabilitation for varied resource settings
- 2. Recognition of those who have achieved competence in these core components and are committed to basic cardiac rehabilitation standards espoused

#### **COURSE CONTENT**

- Suitable for all disciplines working in cardiac rehabilitation
- Provides knowledge, with technical and clinical skills to be developed in your setting

**ELIGIBILITY:** 12 years education plus 500 hours healthcare experience



Prof Robyn Gallagher
Chief Investigator
University of Sydney





Chair, International Council of Cardiovascular Prevention and Rehabilitation

### **8 MODULES** (Online and Self-directed) + 2 optional (15-20 hours)

- Introduction to CR and benefits
- Patient assessment & reassessment
- Diet
- Exercise testing & training
- Tobacco cessation
- Mental health, psychosocial, return to work
- Medical risk factor management (cholesterol, BP, medications)
- Patient education & counseling
- Mode of delivery/setting
- Engaging women in CR (optional)

### **FINAL EXAM**

80 multiple choice questions to complete in 1.5 hours, 70% = pass





ICCPR
CARDIAC REHAB
FOUNDATIONS
CERTIFICATION

### **Leading Global Experts**

Sherry Grace Canada

Diann Gaalema USA

John Buckley UK

Tee-Joo Yeo Singapore

**Aashish Contractor India** 

Francisco Lopez Jimenez USA Mexico

Gabriela Ghisi Canada

Rebecca Liang Canada

Abraham Babu India



### Ms Dawn McIvor

CNC Cardiology, John Hunter Hospital, Hunter New England Health, Newcastle

Our experiences with the Cardiac Rehabilitation Foundations Course



### **Ms Carmel Bourne**President, ACRA



### **ACRA-Funded ICCPR - CRFC Program**

ACRA is funding members to complete the Cardiac Rehabilitation Foundations Certificate

### Eligibility Criteria for this funded program applicants must:

- Be a current ACRA member of at least the last 12 months
- Successfully complete the certificate training within 6 months
- Submit the ICCPR feedback form within 3 months of completion

**Program Timeline** consists of three rounds of EOI submissions:

August 2024

November 2024

**March 2025** 



### **Ms Carmel Bourne**President, ACRA



Improve patient outcomes

### **ACRA-Funded ICCRP CRFC Program**

### **BENEFITS**

- Internationally certified and recognised training on how to deliver the core components of CR
- Recognition that you are committed to delivering quality cardiac rehabilitation
- Program is online, at your convenience and your own pace
- National standardisation of clinician requirements and a step towards program certification of Cardiac Rehabilitation in Australia

#### **MORE INFORMATION**

- ACRA website under Education and Training
- Webinar on CRFC program launch Wednesday 14/08/2024 4pm (AEST)
- Register your interest on <a href="https://forms.office.com/r/NjSzHPQX08">https://forms.office.com/r/NjSzHPQX08</a>
  - or simply scan this QR code
- For any questions about the process, please contact:

Carmel Bourne <a href="mailto:carmel.bourne@gmail.com">carmel.bourne@gmail.com</a> or Julia Ning <a href="mailto:Julia.ning@sydney.edu.au">Julia.ning@sydney.edu.au</a>





### **Questions and Discussion**

### Upcoming webinar – 18th September, 4-5pm

ACRA 2024 ASM Highlights and Rising Stars

Registration opens soon...